

Spirit of suffering

- pple who gone through long periods of suffering, esp adverse ones.
eg.. abandonment, sickness, poverty.

of coz we dun focus on evil works all the time.
but knowledge of it is useful for our disposition.
so that we know we hv.

Characteristic or pple with spirit of **suffering**

- **consistent** feeling of depravity, rejection.
...sense life not so fulfilling even after accepting Jesus.

- **cannot sense** nearness with God. Lack of intimacy.

- **bitterness** against God
- hard to see God's grace n goodness.
eg elder son.
... going to promised land, receiving manna, yet complaint.

- leading to **anger** against pple n God.
- put blame on others n God.

- **complaint spirit**
... everything is not right. Everything coming against his way. And he is suffering becoz of that.

- **abandonment**
eg naomi v8
...lone ranger
...leads to wandering.

- see **endless list** of **problems** he **had**, but nvr **see** the **soln**.
... basically **blind** to **help** n **blind** to **God**.
...see himself as a bird in cage whereby cage is not locked.
...could not see that he is free indeed.
...salvation issue.

....**resist help** from **others**.
...counsel pple with depression.. is to help them recognize help r all around.

- **survival instinct**
...'since no help is able to help me, i help myself.'

...'work **hard**... always feel the need to work **more**...save more.. becoz no one can help.
...result - self **help**, self centered life.

- pple like this end up **working aimlessly** for money, saving aimlessly for money w/o realising they already hv enough.

....common trait found in old folks who had experience of poverty.

...never retire.. work till die.

- pple like this tend to hv **wounds with money**.

...**react violently** to case like being **cheated**...

...or **unreasonable spending of money**.

eg judas

...become miser.

...poverty mindset.

...on the flip side, end up in situation that money was stolen or cheated.

...case of old folk life time savings being cheated.

... problem behind is also greed.

- **survival instinct**

...'since no one able to help me, i will help myself.'

...**yet get angry** when pple don't help.

...becoming difficult person to please.

security n trust issue

...i hv to secure my rice bowl..

...leading to not being able to trust others or hand work to others.

...not accepting relief from others.

...becoz don't feel secure.

...fear that others might take away rice bowl.

- person like this hv problem working.

...esp working in team.

...tend to work harder than others.

...leading to exhaustion from work.

.. so must examine the source of oppression that comes from work. ..whether problem is u r holding on to work so tightly.

- **longing to be known for their suffering**.

...**need the whole world to know** they r suffering.

...eg grandfather telling child how much they suffered in the past.

..**Self made hero of suffering**.

..**martyrs syndrome**.

...'I am doing this all for u or family' but no one appreciate.

..get jealous n often feel unfair that next generation or other pple r living better life.

...**made rich pple, educated pple**, professionals, boss or leaders, those who seemingly live better life their **ENEMIES**.

...constant war n hatred against them.. in home, family n workplace.

- **becoming a joyless person**

...cannot associate with enjoyment

n happy occasions.

...cannot dance...cannot sing

doesn't like pple to celebrate birthday for u...

or wishing u well.

also find it **awkward** in **wishing others well** n **blessing others**.

- hard to be a channel of blessings.

...**sabotaging of joyful occasions**.. most of the time without realising.

..eg.. fall sick during outing.. this is a form of attack.

something will pop up when u want to attend a joyful occasion.

...want to turn the **whole world upside down**.

...**destructive**.

..destroy things so that others could not enjoy.

...destroy peace in family.

...not only u want whole world to know ur suffering, u want the whole world to suffer with u.

- **strong reaction to suffering**.

...eg boss give more work, strongly repel against that.

...lack of endurance.

...collapse or **give up when hardship increases**.

eg Spiritual warfare, persecution.

- on other hand, **choosing to suffer** when **there** is no **need** to.

...purpose is to make life more miserable..

...in quiet protest against pple or God.

...eg sleeping on roadside, refusal to eat...refusal to see doctot when sick.

...**self inflict suffering**

- **betray others n God**

..since nobody is a friend to me, nobody knows my suffering, then what's the pt of being nice to pple.

- **vicious cycle of betrayal, being betrayed, n sufferings**.

ROOT OF IT

- in general, **sin**. eg Abel.

- **unbelief**.

...not believe God's abundance.

- could not believe God to provide n work out things for us.

..how often do we pray when we need something?

...n wait for God to answer?

like david, if know where suffering is from, then we would be humble...to let God deal with it.

... n choose God despite of suffering.

Since root of it is sin, and sin is manifested thr the flesh, we all hv it.

need to have compassion to pple who have attacked of this spirit.. becoz nobody wants it this way.

Jesus' blood would constantly cleanse us.

His words will always affirm us.