

STEPS TO INNER HEALING

内在医治步骤

Admitting the wound

承认心里有创伤



Spiritual vomiting

吐露



Understanding the adversary/situation

了解仇敌/状况



Forgiving the adversary

饶恕仇敌



Repenting the unresponsiveness to the truth

认罪悔改



Deliverance

释放



Blessing the adversary

祝福仇敌



Cleansing by the precious blood

宝血洁净



Seeking godly character (against my emotion)

寻求圣洁的性格(违反我的情绪)

(e.g. Hatred->Love; Fear->Boldness; Division->Unity)

内(例: 忌恨->爱心, 惧怕->刚强, 分裂->合一)



New life of truth

迈向自由